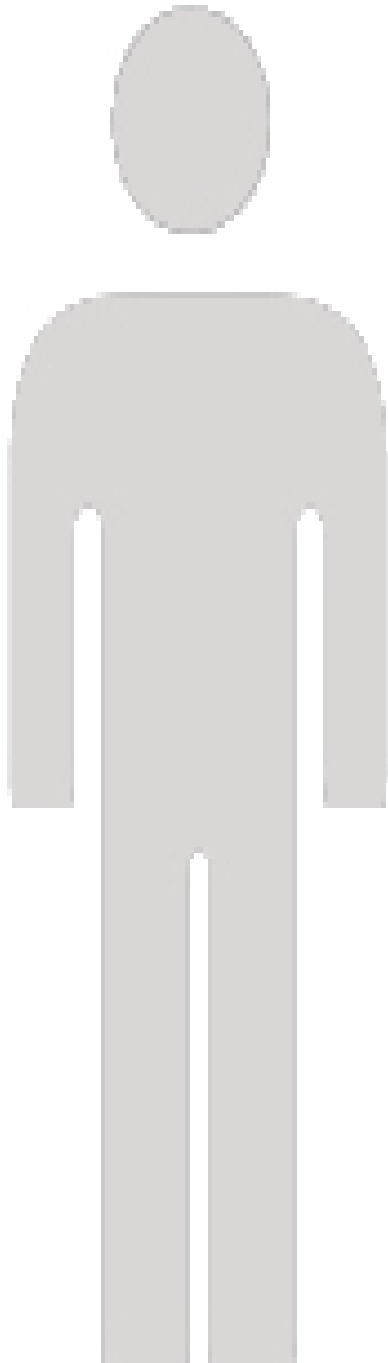


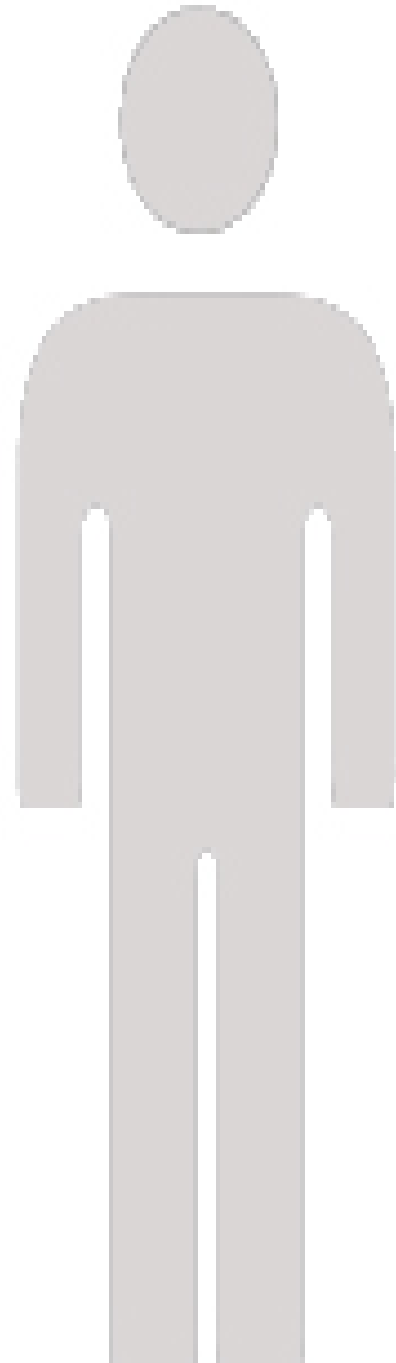
Healthy Marriage Weight Loss Program TM

Target Weight _____

Target Body Fat % _____



Starting Weight _____



Starting Body Fat % _____